

## What Is Celiac Crisis?



Celiac crisis is a serious condition with a high risk of death. Although it's rare, celiac patients should know about it.

### What Is It?

Celiac crisis is defined as a rapid and severe onset of signs of gastrointestinal issues symptoms as well as dehydration or malnutrition that may be attributed to celiac disease.

### Treatment

- ❖ Hospitalization
- ❖ Short-term intravenous supplemental nutrition.
- ❖ Corticosteroids
- ❖ Gluten-free diet
- ❖ Oral budesonide

### Signs

- ❖ Diarrhea
- ❖ Severe dehydration
- ❖ Renal (kidney) dysfunction
- ❖ Electrolyte disturbances

### Celiac Disease and Celiac Crisis

There have been cases of individuals who have been hospitalized for celiac crisis who hadn't yet been diagnosed with celiac disease.

### What to Do

If you suspect celiac crisis, seek immediate medical attention.

**Tina Turbin, Founder of <http://GlutenFreeHelp.info>  
Your Dependable Celiac and Gluten-Free Resource Guide**

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