

What Is Celiac Crisis?



Celiac crisis is a serious condition with a high risk of death. Although it's rare, celiac patients should know about it.

What Is It?

Celiac crisis is defined as a rapid and severe onset of signs of gastrointestinal issues symptoms as well as dehydration or malnutrition that may be attributed to celiac disease.

Treatment

- ❖ Hospitalization
- ❖ Short-term intravenous supplemental nutrition.
- ❖ Corticosteroids
- ❖ Gluten-free diet
- ❖ Oral budesonide

Signs

- ❖ Diarrhea
- ❖ Severe dehydration
- ❖ Renal (kidney) dysfunction
- ❖ Electrolyte disturbances

Celiac Disease and Celiac Crisis

There have been cases of individuals who have been hospitalized for celiac crisis who hadn't yet been diagnosed with celiac disease.

What to Do

If you suspect celiac crisis, seek immediate medical attention.

**Tina Turbin, Founder of <http://GlutenFreeHelp.info>
Your Dependable Celiac and Gluten-Free Resource Guide**

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